

## **Magic number: 21 - Health Assessment news**

*\*Rev Larry Strenge, Director for Evangelical Mission*

If you are a sports fan you've probably known a day when your team needed a 'magic number.' When you reach that number you are headed to the next level of playoffs. Today we're excited about our magic number --21--in the SW MN Synod. That 21 is regarding the 2011 Health Assessment. We're just 21 people away from our 65% needed to take the Health Assessment. So, if you have not taken the 15 minute Health Assessment or if you know someone who hasn't, **please** do so before March 31. The benefits include:

- earning \$26,000 for wellness events in the synod
- 2% reduction in health care costs for your congregation
- \$150 sent to you directly for health care costs
- an additional \$300 possible per person for health care costs

**Survey: Only for those who meet all three of these criteria:**

- 1) You--or your spouse--HAVE ELCA Health Plan (insurance),**
- 2) You are NOT retired (member or spouse)**
- 3) You have NOT--or had not--as of March 1 taken the 2011 Mayo Clinic Health Assessment.**

**If you meet all three criteria please...please...please send an email to [Larry.Strenge@elca.org](mailto:Larry.Strenge@elca.org) and/or [Sara.Johnson@swmnelca.org](mailto:Sara.Johnson@swmnelca.org) letting us know you want to help with the 21 people we're looking to take the HA.**

\*After March 31<sup>st</sup> through April 30<sup>th</sup> you may personally take the Health Assessment to be part of our Synod's total. However, we will not know this until after the April 30<sup>th</sup> cutoff for reaching 65%!